

AND BE YE KIND ONE TO ANOTHER. TENDERHEARTED. FORGIVING ONE ANOTHER. EVEN AS GOD FOR CHRIST'S SAKE HATH FORGIVEN YOU. EPHESIANS 4:32



Your Name:

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"Stained Glass" Cross

Make this beautiful "stained glass" cross, then hang it in a prominent place to remind your family to practice forgiveness. You will need transparent packing tape and tissue paper in a variety of colours.

- Cut two strips of the sticky sheets. Lay one strip on a firm surface, sticky side up. Lay the second strip across the first strip to form the shape of a cross.
- Have your children rip up small pieces of tissue paper and stick each fragment to the cross. When the sticky surface area is covered in tissue paper, use two more strips of packing tape to seal the tissue paper between the two layers of the packing tape.
- Help your children cut off the tissue paper that extends beyond the edges of the tape, then hang the finished cross on a window. You may also wish to make a cross-shaped paper frame for your "stained glass" cross. As the light shines through the cross, it serves as a reminder that, despite our sin, we can be beautiful when God's light shines through us.
- Read Romans 12:17-19 aloud together: "Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everybody. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my friends, but leave room for God's wrath, for it is written: 'It is mine to avenge; I will repay,' says the Lord."
- Pray with your children, asking that God would give them the strength to overcome evil with good instead of being overcome by evil (Romans 12:21). You may also have them select one of the prayers from the kids talk with God section.
- Encourage your children to go and stand before your cross when they are angry or frustrated with a friend or family member. Have them touch the insides of their palms the spot where the nails would have pierced Jesus' hands. Pray with your children, thanking God for His forgiveness. If your children need to release frustration prior to praying, have them squeeze their hands into a fist, touching the inside of their palms with their "nails." Then have them open their hands, "releasing" their hurt and pain to God, acknowledging that it is His job to "repay."

Forgiveness Chatterbox

Make a chatterbox using this youTube link:

https://youtu.be/dtm0WlsVMt0?si=cN_gMqU-aHswH09b (The pattern is attached)

Find a friend and chatter away to God asking him to help you forgive when it hurts.

Create a Cheer or Song

Work together as a family to make up a cheer or a cadence with the letters F-O-R-G-I-V-E in it and write it on the back of this sheet, (such as F-O-R-G-I-V-E.., I love Jesus, He loves me). Make sure the other team with their cheer.

Read Proverbs 19:11, Proverbs 15:1, Proverbs 17:1, Proverbs 12:16, Proverbs 10:19 and Proverbs 8:32-35. What does following God's wisdom and advice give us?

An offense is when someone does something that hurts our feelings or makes us angry or irritated with him or her. Many times, an offense is something small and should not be a reason to argue or fight with others. To overlook something means to not see or notice, or to ignore it. The Bible says that if we can overlook an offense it is to our glory. This means God will be pleased with us when we ignore the wrong that others do.

In the book of Proverbs, Solomon, a very wise king, gives some advice on overlooking offenses. To summarize, Solomon told people to speak gently, because speaking harshly stirs up anger. He said that wise people are patient and willing to overlook offences, but fools get annoyed easily.

Solomon also advised people to speak few words. He told people to "hold their tongues," because when we speak it is easier to sin. Solomon also pointed out that it is better to live in a home where people get along and you have very little to eat than to live somewhere where there is lots of food and people are fighting. God gave Solomon wisdom. When we follow the wise advice God gives us in the Bible, God promises to bless and guide our lives.

Scripture Guided Prayer for Forgiveness

Read through one of the selected Scriptures under each heading and help your children pray based on the verse you read. Encourage them to listen to God and allow His Spirit to guide them as they pray.

Ask God to help you, your siblings and parents, to be willing to forgive others quickly, in all situations.

Ephesians 4:2-3 | Ephesians 4:32 | Colossians 3:12-14