

**D2 Phase 1 — Part 2**  
**True Spirituality, Gal 5:25**



---

**The Spiritual Christian**

**Introduction, 1 Cor 3:1-3, Rom 8:1**

---

---

---

---

---

---

---

**THE CONDITION OF HUMANITY**

**I. The nature of humans – body, soul, and spirit – 1 Thess 5:23; Matt 16:26; 1 Cor 6:19-20; John 4:23-24**

---

---

---

---

---

---

**II. The relationships between body, soul and spirit**

---

---

---

**A. Adam and Eve before the fall, Gen 1:26; 2:7**

---

---

---

---

B. Adam and Eve after the fall (all unsaved people), Gen 2:16-17; 5:3

Horizontal lines for writing.

C. All people who are born again, Col 3:9-10; 1 Cor 6:19; Eph 5:21-33; Rom 8:16, 1 Cor 2:11, 2 Cor 11:1-3; Rom 6:6-7; Gal 6:14

Horizontal lines for writing.

D. Glorified saints, Rom 8:23, Phil 3:20-21, 1 Cor 15:35-58

Horizontal lines for writing.

# THE BATTLE OF THE NEW MAN

## I. The warfare of a Christian – the flesh versus the spirit

Let’s consider the nature of this warfare, and the keys to victorious Christianity.

A. The nature of this warfare, 1 John 5:4; Eph 6:10-18; Gal 5:17, Rom 6:11

---



---



---



---



---



---



---



---



---

B. The keys to victory – How to be an overcomer, Rom 12:1-2, Rom 6:6-14; Gal 5:25; Phil 3:3; Rom 8:8

---



---



---



---



---



---



---



---

## II. The nature of the flesh, 2 Pet 2:10,20-22; Matt 26:41; 1 Pet 1:24; John 3:6

---



---



---



---



---



---



---



---

**III. The works of the flesh – Gal 5:19-21**

*These break down into 5 key areas...*

---

---

A. Sins which defile the body, 19

- 1. Adultery – \_\_\_\_\_  
\_\_\_\_\_
- 2. Fornication – \_\_\_\_\_  
\_\_\_\_\_
- 3. Uncleanness – \_\_\_\_\_  
\_\_\_\_\_
- 4. Lasciviousness – \_\_\_\_\_  
\_\_\_\_\_

B. Communion with Satanic forces, 20a

- 1. Idolatry – \_\_\_\_\_
- 2. Witchcraft – \_\_\_\_\_

C. Sinful temper; pride; self, 20b

- 1. Hatred – \_\_\_\_\_
- 2. Variance – \_\_\_\_\_
- 3. Emulations – \_\_\_\_\_  
\_\_\_\_\_
- 4. Wrath – \_\_\_\_\_  
\_\_\_\_\_
- 5. Strife – \_\_\_\_\_  
\_\_\_\_\_

D. Religion and its fruits, 20c-21a

- 1. Seditio – \_\_\_\_\_
- 2. Heresies – \_\_\_\_\_
- 3. Envyings – \_\_\_\_\_
- \_\_\_\_\_
- 4. Murders – \_\_\_\_\_
- \_\_\_\_\_

E. General vices, 21b

- 1. Drunkenness – \_\_\_\_\_
- 2. Revellings – \_\_\_\_\_
- 3. Such like – \_\_\_\_\_

F. Eighteen character qualities of the flesh (6+6+6!), 21c

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**IV. Sin versus self – the two aspects of the flesh**

A. The Christian’s relationship to sin, Rom 6:2,6-7,11,14

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

B. The Christian’s relationship to self, Gen 3:1-6

---

---

---

---

---

---

**THE WRONG WAY TO FIGHT THE BATTLE**

**I. The “bridges” Christians try to build from flesh to spirit, attempting to live in both worlds at the same time**

A. Legalism, Gal 2:16-21; Col 2:14; Jas 2:12,8; Rom 8:2

---

---

---

---

---

- Legalism: "God accepts me for what I do."
- Licentiousness: "God does not care what I do."
- Antinomianism: "God frees me to do what I want to do, then ask forgiveness."
- Scripture: "God saves me to glorify Him in all I do."

---

---

---

B. Works, 2 Pet. 3:10; Luke 10:38-42

---

---

**Definition:** *True spirituality* is the right mind manifesting righteous acts.

---

---

C. Religion, Judges 18:14-24

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

D. Knowledge, 1 Cor 1:5, 8:1-3; Eph 3:14-19

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

E. Experiences, Phil 3:13-14

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

II. The “good” works of the flesh

A. The nature of the “good” works of the flesh, Gal 2:16, Rom 8:1-8; Rom 10:1-4; Gal 3:1-3; 2:16-21; 2 Cor. 10:1-6

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

B. How to recognize the “good” works of the flesh, Phil 3:3-16

---

---

---

---

---

---

---

---

C. The results of the “good” works of the flesh

---

---

---

---

---

---

---

---

---

---

---

---

D. Satan’s role, Rom 7:18; 6:12-18, Matt 6:24

---

---

---

---

---

---

---

---

---

---

---



# THE RIGHT WAY TO FIGHT THIS BATTLE

## I. The work of the Holy Spirit against the flesh

A. God’s view of the flesh and His approach to it, Rom 8:1-6; Gal 5:17; Eccl 1:14,17

---



---



---



---



---



---



---



---



---



---

B. The source of power, Gal 5:24, Col 2:20, Rom 6:6-7; 7:5-6; 8:8-16; Col 1:27-29, Eph. 5; Gal 2

---



---



---



---



---

C. The results of following the Holy Spirit, John 16:13-15; Heb 12:1-4; Psalm 1:1-3

---



---



---



---



---



---



---

**II. The only solution for the flesh: death, Rom 11:36; 6:6-7,11; Gal 2:20; Rom 13:14; 8:13; Col 3:5; 2 Cor 4:16-18; Col 3:1-3**

---

---

---

---

---

---

---

---

---

---

**III. In light of these truths, read carefully and prayerfully Romans chapters 6, 7, and 8. These chapters are the biblical basis of this study.**

**D2 Phase 1 — Part 2**  
**True Spirituality, Gal 5:25**



**Self-evaluation**

**What should I have learned from this section?**

**1. Briefly explain the relationships between body, soul, and spirit in each of the four humans we studied. (Adam, lost, saved, & glorified)**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**2. Briefly explain our relationship as a Christian to sin, and to self.**

---

---

---

---

---

---

---

---

---

**3. Give a brief example of five ways Christians try to reconcile the flesh and the Spirit in their lives.**

---

---

---

---

---

---

---

---

---

---

**4. Briefly explain the “good” works of the flesh, and why that is so dangerous in a Christian’s life.**

---

---

---

---

---

---

---

---

**5. How do I intend to deal with my flesh?**

---

---

---

---

---

---

---

---

---

---

**Key verses to commit to memory:**  
Gal 5:16-18, 22-23; Rom 6:11; Col 3:1-4; Gal 2:20